

# MARCH 2019

## CANNON FALLS AREA SCHOOLS BREAKFAST & LUNCH MENU

This is an equal opportunity employer

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All meals are subject to change and include milk choice of chocolate, 1%, skim or lactaid</p> <p>All breakfasts include juice and fruit. Cereal is available each day as an entrée choice.</p>		<p>Meal Prices:            Student Breakfast \$1.70            Adult/Guest breakfast \$2.40            PreK-5<sup>th</sup> grade lunch \$2.50            6-12 grade lunch \$2.60            Adult/Guest Lunch \$4.00            Milk only/extra \$0.55</p>		<p><b><u>Bagel</u></b> 1</p> <p>Hot Ham &amp; Cheese            Broccoli &amp; Cheese            Lettuce Salad            Fresh Fruit</p>
<p><b><u>Breakfast Pizza</u></b> 4</p> <p>Walking Beef Tacos            W/Fixings            Mexican Rice            Applesauce</p>	<p><b><u>Pancakes</u></b> 5</p> <p>Chicken Nuggets            Mashed Potatoes w/Gravy            Corn            Dinner Roll            Peaches</p>	<p><b><u>Breakfast Sandwich</u></b> 6</p> <p>Cheese Pizza            Lettuce Salad            Green Beans            Pineapple</p>	<p><b><u>Banana Bread</u></b> 7</p> <p>Corn Dog            Lettuce Salad            Veggie Tray            Pears            Chips</p>	<p><b><u>Cereal Bar</u></b> 8</p> <p>Cheese Bosco Stick            Veggie Tray            Lettuce Salad            Fresh Fruit</p>
<p><b><u>Muffin</u></b> 11</p> <p>Meatball Sub w/Sauce            Lettuce Salad            Peas            Applesauce</p>	<p><b><u>Waffles</u></b> 12</p> <p>Chicken Fajita w/Fixings            Black Bean Salsa            Lettuce Salad            Peas</p>	<p><b><u>Eggs Sausage &amp; Cereal</u></b> 13</p> <p>Hamburger on a Bun            Baked Beans            Lettuce Salad            Applesauce  <b>EARLY RELEASE</b></p>	<p><b><u>Pancake on a Stick</u></b> 14</p> <p>Fish Nuggets            Buttered Noodles            Mixed Vegetables            Lettuce Salad            Peaches</p>	<p><b><u>Bagel</u></b> 15</p> <p>Italian Dunker w/Sauce            Lettuce Salad            Veggie Tray            Fresh Fruit</p>
<p><b><u>Banana Bread</u></b> 18</p> <p>Chicken Patty on a Bun            Mixed Vegetables            Lettuce Salad            Mixed Fruit</p>	<p><b><u>French Toast</u></b> 19</p> <p>Baked Spaghetti            Garlic Toast            Lettuce Salad            Cottage Cheese            Peaches</p>	<p><b><u>Breakfast Sandwich</u></b> 20</p> <p>Rib Sandwich            Lettuce Salad            Carrots            Pears</p>	<p><b><u>Muffin</u></b> 21</p> <p>Pizza Burger            Lettuce Salad            Mixed Vegetables            Peaches</p>	<p><b><u>Cereal Bar</u></b> 22</p> <p>Fish on a Bun            Baked Beans            Cole Slaw            Applesauce</p>
<p><b><u>Cereal Bar</u></b> 25</p> <p>Grilled Chicken on a Bun            Veggie Tray            Lettuce Salad            Pears</p>	<p><b><u>Pancake on a Stick</u></b> 26</p> <p>Chili &amp; Cinnamon Roll            String Cheese            Lettuce Salad            Pineapple</p>	<p><b><u>Breakfast Pizza</u></b> 27</p> <p>Italian Beef Sandwich            w/Cheese            Broccoli            Lettuce Salad            Applesauce</p>	<p><b><u>Omelet &amp; Cereal</u></b> 28</p> <p>Foot Long Hot Dog w/Fixings            Cole Slaw            Chips            Fresh Fruit            Ice Cream</p>	<p><b><u>Bagel</u></b> 29</p> <p>Macaroni &amp; Cheese            Bread Stick            Lettuce Salad            Veggie Tray            Apple Slices</p>