

 BREAKFAST

 LUNCH

# OCTOBER 2020

Cannon Falls Area Schools

Monday

Tuesday

Wednesday

Thursday

Friday

**Pop Tart** <sup>1</sup>  
Pulled Pork Sandwich  
Baked Beans  
Fresh Fruit  
Day 1

<sup>2</sup>  
**DISTANCE LEARNING**

**Cereal** <sup>8</sup>  
Corn Dog  
Broccoli  
Pears  
Chips  
Day 2

<sup>9</sup>  
**DISTANCE LEARNING**

<sup>15</sup>  
**NO SCHOOL**

<sup>16</sup>  
**NO SCHOOL**

**Cereal** <sup>22</sup>  
Sloppy Joe  
Corn  
Mandarin Oranges  
Day 3

<sup>23</sup>  
**DISTANCE LEARNING**

**Breakfast Bar** <sup>29</sup>  
Max Sticks  
Broccoli  
Pears  
Day 1

<sup>30</sup>  
**DISTANCE LEARNING**

**Cereal** <sup>5</sup>  
Italian Dunker  
Carrots  
Fresh Fruit  
Day 2

**Kick Start** <sup>6</sup>  
Chicken Fajita  
Black Beans  
Applesauce  
Day 3

**Muffin** <sup>7</sup>  
Turkey Rice Hotdish  
Mixed Vegetables  
Peaches  
Dinner Roll  
Day 1

**Banana Bread** <sup>12</sup>  
Popcorn Chicken  
Mixed Vegetable  
Mandarin Oranges  
Day 3

**Cereal** <sup>13</sup>  
Hamburger  
Green Beans  
Pears  
Day 1

**Fred** <sup>14</sup>  
Chicken Patty  
Peas  
Applesauce  
Day 2

**Cereal** <sup>19</sup>  
Meatball Sub  
Carrots  
Peaches  
Day 3

**Kick Start** <sup>20</sup>  
Pizza  
Green Beans  
Pineapple  
Day 1

**Donut** <sup>21</sup>  
Baked Spaghetti  
Cottage Cheese  
Fresh Fruit  
Garlic Bread  
Day 2

**Muffin** <sup>26</sup>  
Hot Dog  
California Blend Vegetables  
Applesauce  
Day 1

**Cereal** <sup>27</sup>  
Tater Tot Hotdish  
Cheese Stick  
Mixed Vegetable  
Fresh Fruit  
Day 2

**Pop Tart** <sup>28</sup>  
Mr. Ribb  
Baked Beans  
Peaches  
Day 3

This institution is an equal opportunity provider  
All meals are subject to change and include milk choice of chocolate, 1%, skim or lactaid.  
All breakfast includes juice or fruit. All lunches include an entrée option of Meat & Cheese sandwich.